

# Download The Heart Of Tantric Sex A Unique Guide To Love And Sexual Fulfillment

Diana Richardson, author of *The Heart of Tantric Sex: A Unique Guide to Love and Sexual Fulfillment*, agrees that just about anyone can unlock the benefits of tantric sex. **w e l c o m e t o t a n t r i c j o y!** Learn to use sexual energy to actualize your spiritual potential, to become more playful and ecstatically aware in your life, to expand your capacity to give and receive love, to free yourself from the limits that hold you back from unbounded joy, bliss, love, and intimacy. Two folios from a palm leaf manuscript of the Kamasutra text (Sanskrit, Devanagari script). The Kama Sutra is an ancient Indian Sanskrit text on sexuality, eroticism and emotional fulfillment in life. Attributed to V?tsy?yana, the Kama Sutra is neither exclusively nor predominantly a sex manual on sex positions, but written as a guide to the ...There's something miraculously akin to Tantric Yoga, Kundalini Yoga, Hinduism, Buddhism as well as Alchemical processes in Carl Jung's own journey, which he documented in his "Red Book". "Tantra teachers that the Kundalini can also be unravelled by the practice of the sex-yogic disciplines, *The Heart Of Tantric Sex A Unique Guide To Love And Sexual Fulfillment*.

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