

Download Savory Sweet Simple Preserves From A Northern Kitchen

Savory Sweet: Simple Preserves from a Northern Kitchen. From corn salsa to carrot lemon marmalade with ginger and cardamom, crispy pickled red onions to garlic scape pesto with lemon thyme, and caramel apple butter with lemongrass to puttanesca sauce to -Fit for a Queen Jam---these recipes bring the best of the sweet and the savory to every menu. A simple mixture of flour, oil, water and wine enriched with a delicate scent of fennel seeds translates into "Taralli", a savoury snack typical to Southern Italy. Our nutritionists work with the Campbell Kitchen staff and our chefs to create delicious and nutritious recipes that can easily fit into a balanced eating plan. Amanda Paa is a food writer, recipe developer & photographer. She writes the gluten free food blog, Heartbeet Kitchen & the author of Smitten with Squash ., Savory Sweet Simple Preserves From A Northern Kitchen.

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