

# **Download Dance And Movement Sessions For Older People A Handbook For Activity Coordinators And Carers**

This practical handbook will empower activity coordinators and carers to run safe, rewarding and health-giving dance and movement sessions with older people, including with those who are frail, wheelchair-bound or living with dementia. This practical handbook will empower activity coordinators and carers to run safe, rewarding and health-giving dance and movement sessions with older people, including with those who are frail, who have limited mobility or who are living with dementia. Dance and Movement Sessions for Older People: A Handbook ... Dance and Movement Sessions for Older People: A Handbook for Activity Coordinators and Carers Dance and movement sessions for older people: A handbook for activity coordinators and carers by D. Sylvester and S. Frampton. Jessica Kingsley, London, 2014. 159 pp. ISBN 978 1 84905 470 6. \$38.95., Dance And Movement Sessions For Older People A Handbook For Activity Coordinators And Carers.

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